

2020 Women in the Wild Classes

Attendees will receive a link to select classes as part of the online registration process or via email if mailing in registration. Event organizers will do the best we can to fulfill your selected priority classes recognizing some classes may not make due to low interest or conflict with other selections.

Classes are filled "first received, first choice" to be as fair as possible. In other words, classes are filled based on your original registration and payment date received. Final class lists will not be released until arrival at check-in. For additional information, please refer to our event information located at www.townrockport.org and click on the "wild" tab.

SATURDAY CLASSES

Firearms - Learn about firearm safety, how to work a shotgun, and shoot clay targets. B.B. guns will be offered for anyone but especially for those who have never fired a long gun. Skeet is a great sport and popular all over the world. You may bring your own shotgun but remember to bring your own ammo. The weapon must be unloaded until told to load at the station. Each participant will be given a select amount of shells to shoot (2 boxes). Additional boxes will be available to purchase.

Archery - Learn the basics of this ancient skill whether you would like to one day take a deer or would rather just target practice. Students will be exposed to a comprehensive overview of the sport. You will be taught how to safely use basic archery equipment, proper stance, nocking an arrow, targeting, and release techniques. Students will learn techniques that can be applied across all disciplines of archery. This is a fun, hands-on experience that promotes archery as a healthy lifetime activity. Equipment will be provided.

Self Defense - All about promoting awareness, strength and self-defense skills for participants of all abilities. Effective and informative women self-defense skills will be taught to build confidence to protect yourself during various life situations. The self-defense class discusses prevention tactics focusing on both outer and inner strength. The course is taught by the Aransas County Sheriff's Office with hands-on demonstrations. Get out of your comfort zone and be prepared to save yourself.

Fishing Basics - This course teaches the basics of how to get ready for fishing. Instructor will teach how to tie knots to secure a hook, different reel and bait options, how to cast and much more. Participants will give throwing a cast net a try. Should participants want to give casting a try at the waterfront, a day fishing licensed is required (Saturday). All equipment will be provided.

Fly Fishing Bay – Learn the basics of casting and fundamentals of fly fishing. We will discuss flies, sight casting, presentation and fish behavior so you can take these tools and catch your very first fish on fly. Should participants want to give casting a try at the waterfront, a day fishing licensed is required (Saturday). All equipment will be provided.

Beginner Kayaks - Want an inexpensive way to get out in the water? Try the basic course on safety and operation of kayaks with participants receiving practical hands on experience. The water may be cool and the weather may be as well, dress appropriately. Participants will have to walk in the water and may get wet sitting in the kayak so bring a change of footwear and clothes. All equipment will be provided.

Eco Kayaking/Advanced Kayaks – Venture far away from the hustle of the boat launch and explore Port Bay with our fun and knowledgeable field personnel. Be prepared to ask lots of questions, take pictures or just enjoy the view. Participants need to be comfortable in a kayak and should have taken the basic class or have previous experience. All equipment will be provided.

Game Processing - Learn how to fillet a fish, breast out a bird, and process larger game. After harvesting an animal, have you ever wanted to know how game processors do it and make it taste so good. This class is a hands-on training where participants will learn how to properly clean and/or fillet their catch including proper quartering techniques for transporting game from the field. Participants will learn how to determine if the meat is fresh and in edible condition, learn proper gear selection and how to safely sharpen knives. Game dependent on availability. All equipment will be provided.

Outdoor Survival - Any outdoor activity can quickly go from fun to an unpleasant or potentially dangerous situation. Your most important piece of gear is not a whiz-bang gadget—it's you. This class teaches preparing for the predictable and solving problems by either avoiding them or adapting your gear and knowledge to your predicament. Participants will learn to build shelters and survival kits, start a fire, tie basic knots, procure water, recognize and respond to weather hazards and signal for help. Be prepared to get dirty and empowered! All equipment will be provided.

Grilling 101 – Learn different types of grilling practices, concepts and basics to use from your back yard to your camp site. Learn to choose and safely handle your protein, fire safety in the outdoors and beef nutrition in this fun hands-on class. Each participant will be provided their own grill to prepare and cook their steak to perfection. All equipment will be provided.

Dog Training – This course is taught by professional dog trainers. Although this course will focus on the training of retriever breeds for waterfowl and upland hunting, basic dog psychology and obedience training will be a large focus. A variety of retriever breeds and ages will be on site for attendees to work with. This will be part classroom and part hands on training for participants.

Landscaping with a Master Gardener - The Master Gardener program exists in all 50 states. All training and instruction provided by local horticultural experts. Topics may include basic botany, lawn care, vegetables, tree care and pruning, composting, plant selection care, propagation, entomology, fruit growing, irrigation, and attracting birds and butterflies. Learn more about the Master Gardener program while getting your hands dirty in this interactive class.

SUNDAY CLASSES:

Art in Nature - Mother Nature loves her colors! Discover the budding artist in you as we celebrate color in nature with fun, hands-on art projects for you to take home. No art experience necessary... just an open mind and a sense of humor that appreciates a very loose interpretation of “art!” Let's get messy together!

Stand Up Paddle Boarding - The fast-growing sport of SUP is a fun, easy way to go play on the water. With a minimum of equipment, you can paddle anything from ocean surf to lakes and rivers—no waves required. Paddle boarding offers an amazing full body workout and is becoming a favorite cross-training activity. And since you're standing at your full height, you'll enjoy excellent views of everything from sea creatures to what's on the horizon. It's almost like walking on water! Wear something you can get wet. All equipment will be provided.

Stand Up Paddle Board Yoga - If you're wondering why someone would choose to do yoga on a wobbly surface like a stand up paddle board, you're not alone. After all, isn't it hard enough to hold those poses on solid ground? It's a common question, but as you'll come to find out when you give it a try, doing yoga on a paddle board is not as hard as it looks and it even offers opportunities that a land-based practice doesn't. SUP yoga can be a delightful way to experience nature and invigorate your yoga practice. All equipment will be provided.

Nature Interaction - Want to slow down a bit after a busy weekend? Bring your binoculars, a camera and explore the trails of beautiful Camp Aranzazu with an experienced instructor and nature enthusiast. There is an abundance of wildlife and plants to see. Discover all that Camp Aranzazu has to offer and the beautiful bay ecosystem that surrounds us.

High Challenge Course (Tower & Zip)- A Challenge Course is a combination of mental and physical challenges to accomplish goals. Through a series of fun and unusual activities, participants learn valuable information about themselves, each other, and the group as a unit. The "high" challenge will truly test your limits from high above the ground. Unable to make it to the top? No worries, accommodations available to ensure all participants can get a chance to experience the exhilarating zip line. All abilities welcome.

Low Challenge Course (Playpen & Raider Bridge) - A Challenge Course is a combination of mental and physical challenges to work as a team to accomplish goals. Through a series of fun and unusual activities, participants learn valuable information about themselves, each other, and the group as a unit. This "low" challenge will not be easy but much closer to the ground. This high impact activity may not be suitable for individuals with mobility limitations.

Field Science/Bay Education (Two Classes) - Participants will embark on a truly unique nature tour onboard the Skimmer to explore the incredibly abundant wildlife and rich history of Aransas Bay. Participants will get a perspective of the area that they cannot get anywhere else. Become one with all that is around you and learn to identify as many species as you care to by being available and on deck. This selection will count as two classes to provide this memorable opportunity.

Construction / Community Service (Two Classes) – Work with your hands, get a little dirty and learn new skills. We intend to build something as a permanent contribution by Women in the Wild to the facilities we love. Will include operation skill tools under supervision of a qualified instructor. This rigorous activity may not be suited for everyone. Closed toed shoes and clothing you don't mind getting dirty required for this worthy activity.