



What's happening around TOWN

September 2010

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Mission Statement



What is T.O.W.N.'s mission?

To provide all women the opportunity to experience outdoor activities in a safe, non-threatening, and supportive environment.

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Give back on Sept. 25

We've got two great opportunities to give back and help clean our area parks.

Aransas Wildlife Refuge Clean-up

Volunteers are needed for National Estuaries Day to clean-up sections of whooping crane habitat at the National Wildlife Refuge. Reservations needed for boat, only 6 slots left. A commitment must be made an honored due to limited seating! We will be leaving from Fulton Harbor on Captain Tommy Moore's boat, the Skimmer, at 8:00 a.m. on Saturday, September 25th. We should have the first clean-up crew on the ANWR shoreline by 9:30 a.m. We plan to work for two hours and then start loading trash and people on the boats at around 11:30. (The ANWR staff will be providing a boat for hauling away the trash.) Factoring in lunch and travel time, we should be back at Fulton Harbor by around 2:30 to 3:00 p.m. We suggest that volunteers wear long pants, footwear for potentially muddy and thorny conditions, a sun hat, sunglasses, and sturdy work gloves and to bring sunscreen, bug spray, a water bottle and something to carry it in (e.g., fanny-pack or back-pack), binoculars, camera, and whatever personal items they desire. We will have water available for volunteers to refill their water bottles.

TOWN Event coordinator: CJ Vaughn
cjvaughn53@yahoo.com/512-484-3723

EVENTS

THIS MONTH:

September 25: Give Back Day (See article to the right)

Beach Clean Up & Wildlife Refuge Clean Up dates

September 26: Surf Fishing Introduction Class 4-6pm @ TBD

This will be a few hours of what to use, how to use it and what to buy if you are wanting to fish from the surf. This will give you a basic knowledge of what you need to bring when we go camping & fishing overnight in October at Port Aransas. Call Kim Pendergraft at 361-446-3635 for more information. Please RSVP.

September 28: Chapter Mtg. 6pm @ Poor Man's CC

October 1-3: Port A Camping Trip

Friday Oct. 1: Set up starting at 2pm. Camping at night.

Saturday Oct. 2: Everyone responsible for own breakfast & lunch. List to be distributed of what to bring at Chapter meeting. 2pm: Mark Landrum will be teaching a sandcastle building class. 4pm: Nick with Break Away Tackle will teach Part 2 of the Surf Fishing class. Saturday evening after dinner will be a dutch oven dessert class.

Seafood Recipe of the Month

Seafood Enchiladas

Ingredients

Filling: shopping list

4-8oz pkgs cream cheese, room temperature

1 pound small cooked shrimp (salad shrimp)

1 pound imitation crab, chopped

2 bunches of green onions, sliced

1 cup sliced black olives

Adopt-A-Beach

Check in at Rockport Beach Park Beachfront Pavilion, bring heavy puncture-proof gloves, drinking water, wear sunscreen, sunglasses, shoes and hat. A light lunch will be provided following the cleanup.

Time: 8:30a-12p (come for all or an hour)

TOWN Event Coordinator: Shirley Laurence
shirley.laurence@charter.net/361-793-7006



Port A Camping Trip

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Upcoming Meetings /Speakers

SEPTEMBER MEETING 9/28

We will be brainstorming ideas for upcoming months and having social time. Bring your friends and meet some incredible women. We want to hear about your ideas for classes, events and more!

****Meetings have returned to Poor Man's CC****

DID YOU LOVE WOMEN IN THE WILD?

Don't want to wait until next Spring to do it again?
CHECK OUT UPCOMING BECOMING AN OUTDOOR WOMAN (BOW) EVENTS

What's going on?

In an effort to promote women's events across the state, we provide a list below of events, sponsored by our partner organizations as well as Becoming an Outdoors-Woman. Information and materials are available approximately 4-5 weeks before the date of the workshop.

Which classes are offered at any given BOW Workshop?

Every workshop includes a core curriculum of classes which include the shooting sports, camping, backpacking, outdoor cooking, archery, plant i.d., bird watching, introduction to firearms and hunting, map & compass, outdoor survival, orienteering, fly tying and outdoor first-aid. Dependent upon the workshop location we can offer additional

Other ingredients:

16 burrito size flour tortillas

4 cans of enchilada sauce (about 11 oz cans, any variety)

4 cups shredded cheese

Directions

Combine filling ingredients.

In a 9X13 glass or ceramic pan pour a thin layer of enchilada sauce.

Place about a half cup of filling in a tortilla. Roll up. Place seam side down into pan. Repeat. You can fit about 8 per pan.
Makes 2 pans.

Cover enchiladas with sauce, making sure to completely cover all surfaces. Sprinkle with cheese, green onions, and black olives.

Bake at 350 for about 45 minutes, it will be slightly brown on top when done and be bubbly.

classes like horseback riding, sailing, kayaking, boat handling, fishing, and falconry.

Upcoming BOW Weekends:

November 5-7 at Prairie Haynes Ranch near Killeen

March 25-27, 2011 at Texas 4-H Center in Brownwood

September 16-18, 2011 at Camp Allen in Navasota

For more information click [here](#).

HUNTING EVENTS & CLASSES

Hunter's Safety Class: Fri. Sept. 24-Sat. Sept. 25 @ Sharpshooters

Hunter's Safety Course (a two day course) offered on Friday September 24th from 6 - 9 pm and Saturday the 25th from 8 a.m. to 3:30 p.m. In order to hunt in the State of Texas you have to have this course if not you can buy a deferment, but it only lasts for one year. This course covers alot of useful information for all levels of hunters, so if you are interested, Sharpshooters is taking over the phone reservations by credit card or call and provide your name and follow with a check by mail. The cost of this course is 15.00 which goes directly to the State fee. Members are signing up for this one, so let Stephanie know if you are attending so you can do lunch during on the break! 361-658-8652.

Skeet & Dove Hunt: Sun. Oct. 17 1pm till dark @ Winwood Ranch

We have arranged for a skeet shooting and dove hunt for the T.O.W.N. ladies at Windwood Ranch (windwoodranch.com). It is an absolutely beautiful ranch that also hosts exotic, elk, white tail, turkey and hog hunts. It is located at mile marker 42 off of 37 north of Corpus Christi. There will be a brief review of gun safety prior to first shot and then the fun will begin. After our hunt, the staff will show us how to breast, cut and prepare our birds, and even give us a mini cooking class on serving dove wrapped in jalapeno and cream cheese, in casseroles and other yummy dishes, so bring your notepad along with your shotgun and ammo. You can bring your own personal lunch sack with your own munchies, etc. and for those who want to celebrate a great day of hunting, after last shot, B.Y.O.B. Cost is 75.00 a person for all activities described above. If you are interested, please send a check to me by September 30th to reserve your spot call 361-658-8652. Remember, all levels are welcomed and will be accommodated, but **you will need to have your hunting license and migratory bird stamp** on your person while you hunt.

Concealed Handgun Class: Sat. Nov. 13 7:30a-5:30pm @ Sharpshooters

This class will be offered November 13 and is from 7:30 to 5:30 p.m. If you are interested, please call Sharpshooters to reserve your spot over the phone with a credit card, or provide your name and follow up with a check by mail. The cost of this class is 125.00.



First Friday

Upcoming First Friday will be in conjunction with the Port A camping trip. Please contact Kim at events@townrockport.org for more information.

Other Upcoming Events

- 9/24-9/25: Hunters Education Class
- 9/25: Adopt a Beach Clean Up & Aransas Wildlife Refuge clean up
- 9/25: Discover Windsurfing Day (more info go to www.townrockport.org)
- 10/1-3: First Friday & Port A Camping Trip
- 10/16: Refuge Celebration
- 10/17 Skeet & Dove Hunt
- 10/26: Reel Repair @ Chapter Meeting
- 10/29: 80s Halloween Party
- 11/5-7: BOW Weekend at Prarie Haynes Ranch
- 11/13: Concealed Hand Gun Class

GO TO www.townrockport.org FOR MORE INFORMATION. A LOT MORE EVENTS ON THE CALENDAR!

If you have an idea for an event or social outing please contact events@townrockport.org or social@townrockport.org

For more information on an event go to www.townrockport.org



Organic and All-Natural Gardening Practices

Water Wise Irrigation for the Coastal Bend

We often hear the term water wise used when discussing landscape irrigation. Do we truly know what the term water wise means? If an irrigation audit was performed on your property would you be defined as water wise, or do you have room for improvement?

Most folks have room for improvement. Water wise is defined as watering landscape plantings and lawns in accordance with their needs. If you have an automatic irrigation system that is set to irrigate on a regular pre-set basis without analyzing actual moisture needs, you have room for improvement.

Plants and turf are healthier if they are watered according to their needs. Most people have a tendency to overwater landscapes and lawns. Plant roots can only uptake a certain amount of moisture in a given period. Once that capacity is reached water is wasted and run-off occurs. In the Coastal Bend area much of that run-off is routed into our bays and water resources. Because our population relies heavily on synthetic fertilizers and pesticides, that run-off can ultimately contaminate our water resources and cause unsafe habitats for wildlife and compromise our sources for potable water.

Not only does overwatering result in wasted water and run-off, overwatering also helps initiate many plant diseases such as anthracnose, phytophthora, and root rot. Many plant diseases can be

prevented with proper watering practices. More often than not when diagnosing the cause of a plant disease the culprit is unsound watering practices.

Plant and turf varieties also play a large part in water wise irrigation. The lush, tropical landscapes the Coastal Bend area is fond of tend to utilize more water than landscapes utilizing native and adapted species. With research, a landscape can be designed to incorporate water wise elements yet still give a tropical flare.

Water is a valuable resource and there is a limited supply of freshwater available. Seems like an atrocious thought since the Earth is covered with water, but it is a fact. With the drought conditions experienced recently the need to practice water wise irrigation has become heightened. Even though the Coastal Bend area does not have water use restrictions currently, it is best to be proactive in our approach to conserve water.

If you have an automatic watering system, take the time to check moisture levels in your landscape and lawn periodically to make sure the system is watering accordingly. Investing in a rain sensor or an evapotranspiration (ET) sensor for an automatic irrigation system is worth the money. These sensors will not allow the watering system to begin automatically if a certain amount of moisture is sensed. It is also wise to have a licensed irrigator perform a system check and audit of your system periodically to ensure a sound operating system.

If you do not have an automatic watering system, closely watch watering. If you use a sprinkler, make sure you do not allow the water to run for more time than necessary. A simple timer purchased from a local hardware store can be utilized to assist.

Regardless of the type of watering system utilized, a soil moisture meter is an inexpensive investment that can aid in making a decision to water or to not water.

To find out more information regarding water wise irrigation for the Coastal Bend, contact your local landscaper, nurseryman, licensed irrigator or horticulturalist.

Stephenie Cochran, Texas Certified Landscape Professional #565, Cochran Landscapes.
SCochran@CochranLandscapes.com, www.CochranLandscapes.com

Aransas NEEDS YOU as a Partner!

Through your continued support and dedication we as partners accomplish greatness!

What: Refuge Celebration in Celebration of National Wildlife Refuge Week!

When: October 16, 2010

Where: Aransas National Wildlife Refuge
Austwell, TX

Time: 10:00 a.m. to 4:30 p.m.

Set-up is 7:00 a.m. to 9:30 a.m.

We will be having the Refuge Celebration on October 16, 2010.

Set-up will be from 7 to 9:30 a.m.

Booths and activities will run 10 a.m. to 4:30 p.m.

We would like to invite you to participate.

Our focus this year is "Connecting People to Nature" we are offering children and family activities, presentations, demonstrations and interactions.

Note: Most of the activities will be offered outside at a booth type set-up or in a main stage area.

Please let us know if you can participate, what you would like to do, and times you would be able to offer your outreach. (example: all day or at a scheduled time)

I can be reached by email or at 361-286-3559 x226.

We also need volunteers for scheduled activities. kayaking, birding at different sites, arts and crafts, fishing,(more to be announced)

Thank you in advance for your dedication!
Thank you,
Tonya Nix, Environmental Education Spec.
Aransas National Wildlife Refuge
P.O. Box 100
Austwell, TX 77950
361-286-3559 ext. 226
361-286-3772 Fax
tonya_nix@fws.gov

Contact Info

Events: events@townrockport.org
General Info: info@townrockport.org

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